

Being a care partner is an important role, and we would like to thank you for all that you do in **supporting your loved one through their journey.**



Not an actual patient taking JEMPERLI.

Celebrate THE JEMS

A care partner's guide to supporting your loved one through milestones, or JEMs, they may experience throughout their journey

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(dostarlimab-gxly) Injection 500 mg

THE BALANCING ACT: ENCOURAGING OPTIMISM THROUGHOUT THEIR JOURNEY

You may feel like it's your job as your loved one's care partner to keep them upbeat, but it's not always possible to be positive. Taking things day by day, celebrating milestones when feeling good, and resting and resetting on hard days may help boost motivation throughout your loved one's journey.



To help a loved one who is feeling upset, angry, or sad:

- **Help manage emotional reactions to milestones**—if they're in the mood to celebrate, then celebrate! If not, a restful, relaxing atmosphere may help turn their mood around
- **Help navigate difficult events along their journey**—be open to hearing how they feel, sitting with them in their sadness or discomfort, and working to help gently move them toward a more positive way of thinking
- **Recognize that your loved one may experience feelings** of fear, anxiety, anger, or sadness, and encourage them to talk to their care team about how they are feeling emotionally and physically

Approved Uses

JEMPERLI is a prescription medicine used to treat adults with:

- a kind of uterine cancer called endometrial cancer (EC)
 - JEMPERLI may be used in combination with the chemotherapy medicines, carboplatin and paclitaxel, and then after that JEMPERLI may be used alone:
 - when your cancer has spread outside your uterus (advanced) **or**,
 - your cancer has returned.
 - JEMPERLI may be used alone:
 - when a laboratory test shows that your tumor is mismatch repair deficient (dMMR), **and**
 - your cancer has returned, or it has spread (advanced EC), **and**
 - you have received chemotherapy that contains platinum and it did not work or is no longer working, **and**
 - your cancer cannot be treated by surgery or radiation.

It is not known if JEMPERLI is safe and effective in children.

Important Safety Information

JEMPERLI is a medicine that may treat certain cancers by working with your immune system. JEMPERLI can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or life-threatening and can lead to death. You can have more than one of these problems at the same time. These problems may happen anytime during treatment or even after your treatment has ended.

Please see additional Important Safety Information on the next pages and full [Prescribing Information](#), including [Medication Guide](#), also available at JEMPERLI.com.

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LEAD BY EXAMPLE

Throughout the ups and downs of their journey, it's important for your loved one to know they have a solid foundation with you, their care partner. However, we understand that this may be a stressful, often underappreciated role. Here are some ways to help manage your partnership.

- **Practice self-care in stressful situations**—by making time for yourself, you'll be better prepared to care for your loved one when they need you
- **Try leading with positivity**—remaining upbeat may help your loved one on even the hardest days, and can help them manage their own emotions
- **Get involved**—by reaching out to the endometrial cancer community and sharing your experiences, you can encourage others. Don't forget to check in with the community when you're in need of inspiration yourself!
- **Know that you are appreciated**—by your loved one, their care team, and the endometrial cancer community as a whole



Important Safety Information (cont'd)

Call or see your healthcare provider (HCP) right away if you develop any new or worsening signs or symptoms, including:

Lung problems. Signs and symptoms may include cough, shortness of breath, or chest pain.

Intestinal problems. Signs and symptoms may include diarrhea or more bowel movements than usual; stools that are black, tarry, sticky, or have blood or mucus; or severe stomach-area (abdomen) pain or tenderness.

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NAVIGATING THROUGH YOUR LOVED ONE'S JOURNEY

While every journey is unique, there are some general milestones, or JEMs, your loved one may encounter.

Fill in the blanks on this map—marking important dates or appointments, how your loved one feels during treatment, or highlighting other JEMs.

The form consists of a wavy blue line that starts from the left and moves towards the right. Five location pin icons are placed along this line. Each pin is connected to a yellow notepad-style box with horizontal lines for writing. The boxes are arranged in a way that follows the path of the line, with some above and some below the line.

Important Safety Information (cont'd)

Liver problems. Signs and symptoms may include yellowing of your skin or the whites of your eyes, severe nausea or vomiting, pain on the right side of your stomach area (abdomen), dark urine (tea colored), or bleeding or bruising more easily than usual.

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WHAT MAY COME NEXT IN THEIR JOURNEY

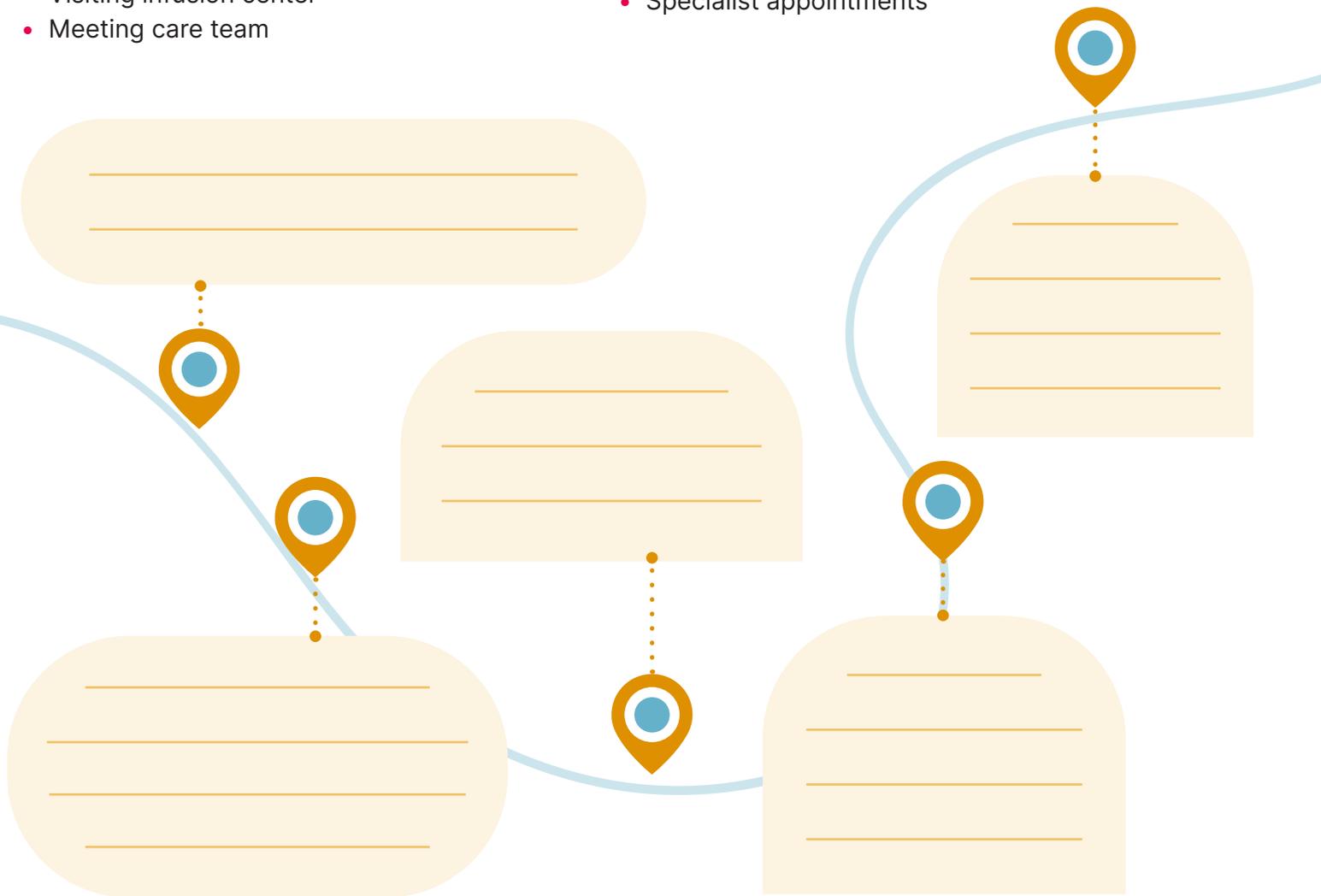
Use the key terms below as a starting point for examples of milestones you may want to capture.

Treatment-Related

- Start of JEMPERLI treatment
- Visiting infusion center
- Meeting care team

Monitoring and Follow-Up

- Doctor follow-up appointments
- Specialist appointments



Important Safety Information (cont'd)

Hormone gland problems. Signs and symptoms may include headaches that will not go away or unusual headaches, eye sensitivity to light, eye problems, rapid heartbeat, increased sweating, extreme tiredness, weight gain or weight loss, feeling more hungry or thirsty than usual, urinating more often than usual, hair loss, feeling cold, constipation, your voice gets deeper, dizziness or fainting, changes in mood or behavior such as decreased sex drive, irritability, or forgetfulness.

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JEMs ALONG THE JOURNEY

EXAMPLES OF PATIENT MILESTONES

There is no perfect way to navigate their endometrial cancer journey, and milestones are unique for each person, but we encourage celebrating JEMs whenever your loved one is feeling up for it.

Here are some examples of JEMs to consider that acknowledge your loved one's resilience during their journey:

★ Anniversary of diagnosis

This is a testament to their fight against endometrial cancer

★ Completion of each JEMPERLI infusion

Another important step in their journey

★ Treatment start date

Encourage your loved one as they start their treatment journey

★ Joining a support group

Endometrial cancer support groups are a great resource for your loved one throughout their journey, and getting involved with the endometrial cancer community can help them feel less alone

★ Start of JEMPERLI-only treatment

If your loved one has been prescribed JEMPERLI in combination with carboplatin and paclitaxel, mark the switch in treatment to JEMPERLI alone

★ Returning home

Did they have to travel for treatment? Heading home is *definitely* something to look forward to!

★ Trying a new activity

Is your loved one feeling the urge to walk around the block or attend a gentle yoga class? If their care team approves, this could be cause for celebration—and possibly even a tiara they can wear to bring some sparkle to their workout outfit

★ Sharing a meal with friends or family

If your loved one is feeling up to it, encourage them to share a meal with their close friends or family. Spending time with loved ones can help boost their mood and remind them that they have people on their side during their journey

Important Safety Information (cont'd)

Kidney problems. Signs and symptoms may include change in the amount or color of your urine, blood in your urine, swelling in your ankles, or loss of appetite.

Skin problems. Signs and symptoms may include rash; itching; skin blistering or peeling; swollen lymph nodes; painful sores or ulcers in your mouth or in your nose, throat, or genital area; fever or flu-like symptoms.

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HOW TO CELEBRATE THE JEMs

Check out some of our suggestions on ways to acknowledge your loved one's JEMs, and feel free to tailor these based on how they may be feeling. Remember, it's not the size of the celebration but the thought that counts.

Ideas for Celebrating JEMs

Celebrate with their favorites

Celebrate their milestones by doing their favorite things with their special people. Start the day with your loved one's favorite breakfast, invite their friends over for an afternoon playing their favorite board game, or have their support network over for their favorite dinner. Balloons are highly encouraged!

Other ideas:

- Low-impact activities like yoga, meditation, or crafts
- If the weather is nice, enjoy time outside in the yard or at the park with friends and family
- Be sure to talk to your loved one's care team before they start any new exercise regimen



Important Safety Information (cont'd)

Problems can also happen in other organs and tissues. These are not all of the signs and symptoms of immune system problems that can happen with JEMPERLI. Call or see your HCP right away for any new or worse signs or symptoms. Signs and symptoms may include chest pain, irregular heartbeat, shortness of breath, swelling of ankles; confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs; double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight; persistent or severe muscle pain or weakness, muscle cramps; low red blood cells, bruising.

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Ideas for Celebrating JEMs (cont'd)

Cozy couch party

Not every patient is going to want to celebrate, even when things are going well. In that case—couch party it is! Maximize comfort with extra pillows and blankets, minimize stress with spa face masks or herbal tea, and turn on their favorite show for a marathon binge session.

Other ideas:

- Unwind with meditation
- Light some candles and have a spa day
- Craft the perfect playlist to help lift the mood
- Turn on their favorite movie from childhood for a throwback movie night



Infusion center celebration

Bring the celebration to the infusion center by reaching out and arranging for a small party, keeping in mind the need to be respectful of other patients being treated. Bring some balloons, funny hats, or photo booth props, or their favorite treat to share with the care team and other patients.

Other ideas:

- Bring some board games to play at the infusion center with your loved ones and other interested patients
- Create a list of fun tasks to be completed during their infusion—think, "get a nurse's autograph," "compliment a fellow patient," or "high-five your care team"



Important Safety Information (cont'd)

Infusion reactions that can sometimes be severe or life-threatening. Signs and symptoms of infusion reactions may include chills or shaking, itching or rash, flushing, shortness of breath or wheezing, dizziness, feel like passing out, fever, back or neck pain.

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CREATE A JEM LIST

Now it's time to come up with your own JEMs—important accomplishments, milestones to work towards, or things you and your loved one have always talked about doing.

After deciding on your JEMs, spend some time figuring out how to accomplish them, and what you'd like to do to celebrate each milestone.



Shows and movies to watch

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Here are some examples, but feel free to create your own JEM lists!



Books to read

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Places to visit



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Important Safety Information (cont'd)

Rejection of a transplanted organ. Your HCP should tell you what signs and symptoms you should report and monitor you, depending on the type of organ transplant that you have had.

Complications, including graft-versus-host-disease (GVHD), in people who have received a bone marrow (stem cell) transplant that uses donor stem cells (allogeneic). These complications can be serious and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with JEMPERLI. Your HCP will monitor you for these complications.

Getting medical treatment right away may help keep these problems from becoming more serious. Your HCP will check you for these problems during treatment with JEMPERLI and may treat you with corticosteroid or hormone replacement medicines. If you have severe side effects, your HCP may also need to delay or completely stop treatment with JEMPERLI.

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CREATE A JEM LIST (CONT'D)

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YOU'VE GOT THIS: SETTING PERSONAL GOALS

Setting goals can give your loved one something to work towards, but they can also feel overwhelming at first.

In order to avoid that feeling, why not help map out the steps your loved one can take in order to reach their goal? Each step reached gets them closer to their overall goal and is yet another thing to celebrate! Your loved one may be amazed at what they can accomplish, one step at a time.

Be sure to talk to your loved one's care team before they start any new exercise regimen.

EXAMPLE GOAL: Walk more each day

- Step 1: Walk to the mailbox and back
- Step 2: Walk around the block
- Step 3: Walk to the park

GOAL Step 1:

Step 2:

Step 3:

GOAL Step 1:

Step 2:

Step 3:

GOAL Step 1:

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GOAL Step 1:

Step 2:

Step 3:

GOAL Step 1:

Step 2:

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GOAL Step 1:

Step 2:

Step 3:

Important Safety Information (cont'd)

Before receiving JEMPERLI, tell your HCP about all of your medical conditions, including immune system problems such as Crohn's disease, ulcerative colitis, or lupus; received an organ transplant; have received or plan to receive a stem cell transplant that uses donor stem cells (allogeneic); have received radiation treatment to your chest area; have a condition that affects your nervous system, such as myasthenia gravis or Guillain-Barré syndrome.

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WHAT TO SAY (AND WHAT TO **AVOID** SAYING) TO A LOVED ONE WITH CANCER



It can be hard to know how to talk to a loved one who is going through endometrial cancer. We've come up with some guidelines to help navigate conversations with loved ones. This will vary by person, but here are some general tips:



DO BE SPECIFIC with your offers of help. Vague offers of help are easy to turn down and brush away, especially if your loved one is having a rough day or feeling down. But being specific—offering to bring food, sitting with them during infusions, or even scheduling a call for a certain time during the week—is more easily accepted.



DO TALK ABOUT SOMETHING OTHER THAN CANCER. Unless they're in the mood to talk about it, your loved one may find it draining to discuss their cancer and treatment all the time. Help them take their mind off it by changing the topic, at least for a little bit.



AVOID SAYING "IT WILL BE OKAY"—consider saying "I'm here for you" instead. Offering encouragement and support will let your loved one know you are there for them.



DON'T FORCE THEM TO BE POSITIVE. Just like everyone else, your loved one will have good days and bad days, and that's healthy! If they're feeling down, remind them of happy memories, try to make them laugh, or simply let them know that you are here for them. Encourage them to talk to their care team about how they are feeling physically and emotionally throughout treatment.

Important Safety Information (cont'd)

If you are pregnant or plan to become pregnant, tell your HCP. JEMPERLI can harm your unborn baby. If you are able to become pregnant, your HCP will give you a pregnancy test before you start treatment. Use an effective birth control method during treatment and for 4 months after your last dose of JEMPERLI. Tell your HCP right away if you become pregnant or think you may be pregnant during treatment with JEMPERLI.

If you are breastfeeding or plan to breastfeed, tell your HCP. It is not known if JEMPERLI passes into your breast milk. Do not breastfeed during treatment with JEMPERLI and for 4 months after your last dose.

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UNDERSTANDING TREATMENT TERMS

Advanced or returned endometrial cancer: Endometrial cancer that has spread outside the uterus or come back after treatment. Common symptoms may include vaginal bleeding, decreased appetite, unexplained weight loss, or pain in the pelvis, hips, belly, or back.

Biomarker (BY-oh-MAR-ker): A molecule found in the tissues or fluids of your body that shows if a condition, process, or disease is normal or abnormal. Certain biomarkers may provide important information about your cancer and may help your doctor decide what treatment options, including JEMPERLI, may be right for you.

Carboplatin (KAR-boh-pla-tin): A type of chemotherapy containing platinum that treats cancer by damaging the cells' DNA.

Chemotherapy (KEE-moh-THAYR-uh-pee): A type of cancer treatment that stops or slows cancer cell growth by killing cells or preventing them from dividing and multiplying.

dMMR or mismatch repair deficient: Describes cancers that have an MMR system that is not working properly to correct errors in the genes. dMMR is an important biomarker in endometrial cancer.

DOR or duration of response: The amount of time before cancer begins growing or spreading again for study participants who responded to treatment.

Endometrial cancer (EN-doh-MEE-tree-ul KAN-ser): Cancer that begins in the tissue that lines the uterus. Common symptoms may include abnormal vaginal bleeding and pain in the pelvis.

Immunotherapy (IH-myoo-noh-THAYR-uh-pee): A type of treatment that is designed to work with the body's immune system to attack cancer cells.

Important Safety Information (cont'd)

Tell your HCP about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

The most common side effects of JEMPERLI when given with carboplatin and paclitaxel include nerve problems in your arms, hands, legs, and feet; tiredness; nausea; hair loss; joint pain; rash; constipation; diarrhea; stomach-area (abdomen) pain; shortness of breath; decreased appetite; urinary tract infections; vomiting.

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UNDERSTANDING TREATMENT TERMS (CONT'D)

Lynch syndrome (linch SIN-drome): An inherited condition that increases the risk of endometrial cancer.

Median: The middle number in a set of data, also called the midpoint.

MMR or mismatch repair: The MMR system corrects mistakes that occur in your genes during normal cell growth.

MMRp or mismatch repair proficient: Describes cancers that have an MMR system that is working properly to correct errors in the genes.

MSI-H or microsatellite instability-high (MY-kroh-SA-teh-lite in-stuh-BIH-lih-tee-hie): Describes unstable genes in some tumors that may occur because the MMR system is not repairing mistakes properly. MSI-H is an important biomarker in endometrial cancer.

OS or overall survival: The average length of time patients are alive after the start of treatment.

Paclitaxel (PA-klih-TAK-sil): A type of chemotherapy that stops cancer cells from growing and dividing.

PFS or progression-free survival: Refers to the length of time that study participants experienced without their cancer growing, spreading, or getting worse.

Placebo (pluh-SEE-boh): An inactive substance designed to look like the medicine being tested.

Important Safety Information (cont'd)

The most common side effects of JEMPERLI when used alone include tiredness and weakness, low red blood cell count (anemia), diarrhea, nausea, constipation, vomiting.

Please see remaining Important Safety Information on the next page and full [Prescribing Information](#), including [Medication Guide](#), also available at JEMPERLI.com.

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CELEBRATE TOGETHER

While navigating this journey, it's important to continue advocating for yourself as a care partner, and for the loved one you are supporting.

To do this, consider getting involved with your local endometrial cancer community, attend local events, share your journey as a caregiver on social media, and reach out to support organizations and community groups when you need extra support or encouragement.

Remember, you and your loved one are not alone in this fight! Their care team and the endometrial cancer community are here to help.



Not an actual patient taking JEMPERLI.

ADDITIONAL ONLINE RESOURCES

Please note: These resources are external to GSK. GSK does not have control over the content or information provided through these resources, and accordingly does not warrant their accuracy or completeness.

Information about cancer

American Cancer Society
[cancer.org](https://www.cancer.org)

The American Cancer Society does not endorse any products or services

Facing Hereditary Cancer EMPOWERED (FORCE)
[facingourrisk.org](https://www.facingourrisk.org)

Support and advocacy

CancerCare.Org
[cancercaresupport.org](https://www.cancercaresupport.org)

Foundation for Women's Cancer
[foundationforwomenscancer.org](https://www.foundationforwomenscancer.org)

Project Nana
[projectnana.org](https://www.projectnana.org)

Patient Empowerment Network
[powerfulpatients.org](https://www.powerfulpatients.org)

SHARE Support for Women's Cancers
[sharecancersupport.org](https://www.sharecancersupport.org)

IMPORTANT DATES FOR THE ENDOMETRIAL CANCER COMMUNITY:

- **March** – Women's History Month
- **March 8** – International Women's Day
- **May** – National Cancer Research Month
- **June** – Uterine Cancer Awareness Month, National Cancer Survivors Month
- **September** – Gynecologic Cancer Awareness Month
- **September 20** – World Gynecologic Oncology Day

Important Safety Information (cont'd)

These are not all of the possible side effects of JEMPERLI. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088. You may also report negative side effects to GSK at <https://gsk.public.reportum.com> or 1-888-825-5249.

Please see full Prescribing Information, including Medication Guide, also available at [JEMPERLI.com](https://www.jemperli.com).

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